

Hair and skin: Looking your best for the holiday season

Rick Rosen, M.D., and Lisa Topham, R.N. teamed up to offer Fairfield County residents the latest technological advances offered for skin care a number of years ago. As expected with all of the high quality services they offer, the options have increased. As new technologies hit the market, we evaluate what works, and what does not and bring the highest quality made technology to you under one roof.

LITESHEER LASER HAIR REDUCTION SYSTEM - Without question, the gold standard of the hair reduction laser systems on the market. Typically 4-6 treatments may be necessary for optimum improvement. The reason is only one third of hair follicles are alive

at any one time and therefore able to be treated. The litesheer system uses its patented chill tip technology to make it extremely effective yet lowering the discomfort level.

LUME 1-IPL Intense Pulsed Light treatments with the state of the art system which will remove age spots from the face, neck, chest and hands. It also dramatically helps rosacea. These treatments which take approximately one half hour in the office have made dramatic improvement in the appearance of the face. Minimal down time and WOW what improvements seen.

ND-YAG Laser treatments-effective for vascular lesions of the face and certain areas of the body. A wonderful adjunct for the IPL treatments for those difficult spider veins.

ALUMA Radiofrequency treatments for the fine wrinkle lines of the face especially around the eyes. No down time from the treatment. Painless treatment with nice improvement without surgery.

MICROLASER PEELS - The newest technology from Lumenis Laser Company. Much less down time and still extremely effective technology for fine wrinkling of the face. The con-

trol offered by the laser and the results will amaze you. Typical treatments are less than one half hour and require a few days to recover from but amazing improvements in facial wrinkling is seen.

ENDERMOLOGIE approved cellulite reduction system. A series of rollers with applied suction is applied to those difficult areas to improve the appearance of cellulite and tone to the skin. The treatments take approximately 45 minutes and feel like a therapeutic massage. Feel refreshed and get improvements at the same time.

OBAGI - The most popular and effective skin care line offered by plastic surgeons throughout the country. We have been using the technique for years and have been getting positive results in all skin types. A few steps in the evening and in the morning can have dramatic improvements in the appearance of the skin.

For a complimentary consultation on any of the above mentioned procedures, please contact Rick Rosen, M.D., or Lisa Topham, R.N., at 91 East Ave., Norwalk, (203) 899-0000, or go to drickrosen.com or lisatopham.com.